

The following *self-discovering exercise* (sequence of questions) are supposed to help you, finding your purpose in your life.

(in case you are having a hard time to be able to figure that out).

**Your road to elicit your purpose in your own life **

<i>Question</i>	<i>Your thoughts/ answer(s)</i>
<i>1. Where in your life do you need to be more...?</i>	
<i>2. What outcome(s) do you desire from being more...?</i>	
<i>3. What mindset / believes need to shift to make it happen?</i>	
<i>4. What behavior(s) would support you achieving your desired goal(s)?</i>	
<i>5. What dedicated next steps could you consider taking to get closer to achieving your goal?</i>	

Disclaimer: As this is only a self-questionnaire, outcomes purely rely on your own ability to come up with plausible, effective, and game-changing answers that would support you finding true purpose within your own life.

In case you are not satisfied with your own outcome, you might want to re-consider doing this exercise with a professional coach. It is just normal that we can only challenge ourselves to a certain extent, nothing compared to what you could achieve doing this exercise with a coach.